

Vancouver College of Massage Therapy
 300-1050 West Pender Street, Vancouver, BC, V6E 3S7
 (604) 681-4450 | www.vcmt.ca
 Admissions Email: admissions@vcmt.ca



Vancouver College of Massage Therapy is designated by the Private Training Institutions Regulatory Unit. The Introduction to Massage Weekend Workshop does not require approval and was not reviewed by PTIRU.

STUDENT INFORMATION

Last Name	First Name
Mailing Address	
Student Telephone Number	Student Email Address

PROGRAM INFORMATION

Introduction to Massage Weekend Workshop

Program Title

17 hours	Less than 1 week		
Hours of Instruction during Contract Term	Program Duration in Weeks	Workshop Start Date	Workshop End Date

Program Delivery Method (select all that apply) In-class Distance Combined

Language of Instruction: English

PROGRAM OUTLINE

Workshop Objective: The purpose of this course is to learn Swedish massage techniques, and by the end perform a full body, 1 hour Swedish massage.

Friday	6pm-9pm	Theory – Who/What/When/Why/How; Massage the back
Saturday	9am-12pm	Review Friday's techniques Add new massage techniques – compressions, rocking, effleurage, petrissage
Saturday	1pm-5pm	Massage the hips, legs, feet, shoulders, arms, hands & scalp
Sunday	9am-12pm	Additional massage techniques – stroking, kneading, muscle squeezing, picking up, tapotement Practice run on full-body treatment
Sunday	1pm-5pm	Integration of all techniques Oral/Practical assessment Written exam (for personal feedback) Course feedback, Q&A, hand out certificate

PROGRAM COSTS	
Total tuition payable during contract term	\$ 325 + tax
TOTAL PROGRAM COST	<u>\$ 341.25</u>
Payment is due upon registration in order to secure a seat in the course	
REFUND POLICY	
\$100 is non-refundable. Students are entitled to a refund of the remaining amount if they notify the school of their withdrawal no less than 1 week prior to the workshop start date.	
PAYMENT OPTIONS	
Payment can be made online by credit card. Once VCMT confirms space in the workshop, a payment link will be provided.	
Please note that payment is required to secure a spot in the workshop and must be made promptly.	
Alternatively, cash or cheque payments can be made in person. The exact amount is required. If you prefer to pay by cash or cheque, please indicate this in your email when submitting the form.	
PRIVATE TRAINING INSTITUTIONS BRANCH	
<ul style="list-style-type: none"> • The program listed in this student enrolment contract does not require approval by the Private Training Institutions Regulatory Unit of the Ministry of Advanced Education and Skills Training. As such, PTIRU did not review this program. • Students may not file a claim against the Student Tuition Protection Fund in relation to this program. • This institution is certified by the Private Training Institutions Regulatory Unit (PTIRU). For more information about PTIRU, go to www.privatetraininginstitutions.gov.bc.ca. 	
STUDENT SIGNATURE	
Student Signature	Date Signed
Signature of Parent or Legal Guardian (if under 19yrs)	Date Signed
INSTITUTION SIGNATURE	
Signature of Institution Representative	Date Signed



INTRODUCTION TO MASSAGE WEEKEND WORKSHOP INFO

WHEN Friday 6:00pm – 9:00pm
 Saturday 9:00am – 5:00pm
 Sunday 9:00am – 5:00pm

WHERE 300-1050 West Pender Street, Vancouver, BC (3rd floor)
 Rooms 1 & 2 combined

The purpose of the workshop is to introduce you to massage therapy. Many of you are exploring massage therapy as a possible career option and/or you are researching school options. For others, you just want to learn about giving and receiving massage. The workshop will be focused on building foundational hands-on techniques in Swedish massage so that students are able to experience what it's like to give a full 1-hour massage.

When you arrive, please let reception know you're here for the Weekend Workshop, and someone will be by shortly to bring you to the classroom.

WHAT TO WEAR

- Wear comfortable clothing
- Sweats or shorts, T-shirts (**short sleeves only**)
- Comfortable shoes...something with good arch support for standing

WHAT TO BRING

- Something to write notes with
- 1 hand towel/face cloth
- 1 blanket (a light throw is fine)
- 2 flat sheets (single/twin)
- 1 fitted sheet (single/twin)
- 1 pillowcase
- Water bottle

** You do **not** need to bring oil with you as it will be provided.

** Please bring all items on day 1. You will be able to store them here over the weekend.

** Please note that you will be asked to undress to a level that allows participants to practice Swedish massage techniques on each other in the classroom setting.

You may use our student kitchen for your lunch, including fridges, microwaves, and sink. There are also places to buy lunch at nearby restaurants. Please bring a water bottle for yourself as well; you will be able to refill it at the school.

The cost of the weekend is \$325.00 + tax, for a total of **\$341.25**.

Please email David (david@vcmt.ca) if you have any questions.